

38. INTERNATIONAL



SUMMER CAMP

Tübingen

Germany

July 29 – August 5

Grandmaster Ko. Myong

Vacation for the whole family

Health and fitness

International encounters

and cultural exchange



We are walking one path together



www.shinsonhapkido-tuebingen.de



2022



**Ko. Myong, President of the International Shinson Hapkido Association e.V.
Director of the Shinson Hapkido Summer Camp**



To every participant in the 38th International Summer Camp, to all the members of the Shinson Hapkido family, and to all our dear friends:

We are very happy that our 38th International Summer Camp will take place this year in Hagelloch, Tübingen, in the lovely natural setting of Swabia's beautiful countryside.

After the long isolation of the pandemic, when we had to substitute online events for meetings in person, we will finally again be able to encounter each other face to face while living out our promise: Vacation for the whole family, health and fitness, international encounters and cultural exchange.

In a beautiful natural setting on the Neckar River in Swabia, amid the old university city of Tübingen with its rich traditions of culture and philosophy, we can finally allow our longing for human interaction, for physical training, and for personal encounters to come back to life.

The campsite itself, with an unmatched panoramic view of the Swabian hills in pristine natural surroundings will once again allow our

hearts to beat as one as we gather together, feeling our breath release and our bodies revive.

This time has taught us that nature is our life, that we cannot live without nature, without contact and connection. When we see ourselves as part of nature, when the goal of our development in Shinson Hapkido is to become truly human, we connect with each other and are part of the natural world.

We aim to live in harmony with our fellow humans, with nature and with other creatures, following Hongig Ingan Sasang's philosophy of living for the good of humans and nature while doing good.

Our thanks go to our committed organisational team including Busonsanim Jochen Liebig, Busabomnim Daniela Reich, Busabomnim Severin Lempp, and all the black belts (Dan holders), students, and family members who have taken on the duties and tasks that make this event possible.

I send my appreciation and thanks to them for their courageous and dedicated acceptance of this significant responsibility, thus embodying and implementing our philosophy.

I would also like to thank the citizens of Tübingen-Hagelloch for their heartfelt welcome of our enterprise into their village, and for the interest that the clubs and community have shown in participating.

Further thanks go to the City of Tübingen, its mayor Boris Palmer, and Ms. Dr. Daniela Harsch, deputy mayor for social, community and cultural





services, for their patronage. In addition, we thank Ms. Nadine Straubinger and Ms. Cathrin Weber from the Chamber of Commerce for their assistance and understanding in implementing this event. We also thank the officials of the commune of Hagelloch, especially Mr. Martin Lack, its governing officer. We thank the facilities manager Thomas Flemming, the Hagelloch Athletic Association, the groundskeepers, and all the village associations.

A big thank you goes to the local agricultural community, especially the organic farmers Christian and Sebastian Reutter, who are making their land available to us as a campground.

We will show our deep respect and gratitude by forming a joyful community and sharing our passion with all comers. As in years past, we will keep our promise to leave the site cleaner than we found it.

On Thursday, August 4, the International Shinson Hapkido Benefit Show will take place at the campground site in Hagelloch. All proceeds from the show will be donated to various charities. We intend to open our hearts to peace, harmony and freedom (Chon Jie In motion).

We ask that you all support this enterprise by joining in the theme of 2022: meeting, embracing, dancing, singing and living in peace and joy!

Come one, come all! Bring your friends, acquaintances and neighbors to experience life in the natural world without rules and

regulations, simple, straightforward, and filled with movement.

We'll be able to purify our bodies and souls, move from the dark toward the light, and gather fresh Ki for our life going forward.

This year in particular we will be focusing on living and working with joy and delight.

According to the principle: feeling and enjoying life simply and clearly.

We are walking one path together.

In this particular time of struggle, of pandemic and war, I wish you and your families freedom from this contagion, turning ourselves toward a life lived in peace and freedom.

When the flames of conflict are fanned, when infection spreads (contagion, poisoning), many experience victimization, injury, and death.

Let us gather energy and focus it toward swift healing.

I am looking forward to seeing you in person at camp.

Himcha-gee! Julgeb gee! Jaemiitt-gee!
full of power joy and delight!

Ko Myong

Director of International Shinson Hapkido
Summertime 2022,
President of the International Shinson Hapkido
Association





**Jochen Liebig, Organisational Director of the 2022 Summer Camp,
Director of the Shinson Hapkido School Tübingen**



To all our dear guests, friends, summer camp participants, friends and supporters of Shinson Hapkido:

In the name of the Shinson Hapkido School of Tübingen, it is a great pleasure for us to welcome you to this year's summer camp! We have the honor to be hosting it for the fourth time and eagerly invite you to join us again this summer in the picturesque town of Tübingen.

We are looking forward to all of us enjoying a week of vacation with Shinson Hapkido, including exercise, encounters, joie de vivre, and the opportunity to explore the lovely natural surroundings of our summer camp site, the beautiful panorama of the Swabian hills from our camping spot, and the Swabian university town of Tübingen with its unique medieval city center.

Walks through the woods of the Schönbuch natural park adjoining our campground, relaxing outings to street cafés in the Old Town of Tübingen, or a leisurely ride in a punt on the

Neckar River – it's promising to be a lovely week of summer vacation!

All the people of Tübingen, and especially of course the inhabitants of Hagelloch, are warmly invited to all public events planned during the summer camp, including the evening variety show with its colorful entertainment, and the music festival put on by the individual Shinson Hapkido schools.

The proceeds from our big International Martial Arts Benefit Show on Thursday, August 4 at 5pm on the Athletic Association Grounds at Hagelloch will be divided between our project "Casa Verde" benefiting street kids in Arequipa, Peru, the people of Ukraine, and charitable projects of the Shinson Hapkido School of Tübingen.

I would like to thank the following for their support of our event: Kyosanim Joachim Gocht and the Dojang Mannheim, Busabomnim Astrid Lindemann and the Dojang Hamburg 5 Oh Haeng, and Busonsanim Joachim Krein and the Dojang Darmstadt.

We thank everyone who has contributed to the success of this event, and everyone who is participating from the heart.

Jochen Liebig, Busonsanim
and the Shinson Hapkido family of Tübingen





Welcome to Tübingen!



To the friends of Shinson Hapkido, and to all athletes:

The Shinson Hapkido summer camp is a wonderful highlight every time it takes place in our town. For the past two years, it has not been able to occur in the usual way, although the organisers proved their creativity by holding events such as mini-camps and an online donation benefit gala. So I am especially pleased to be able to welcome the participants back to Tübingen this year.

It is already the fourth time the summer camp is taking place in Tübingen, and as in the past, participants will enjoy an enriching week in magnificent surroundings. The camp was held twice at the facilities of the Athletic Association of Derendingen, and most recently in 2016 at the Festival and Sporting Grounds of the city's Athletic Community. This year, the camp will be located on the grounds of the Athletic Association of Hagelloch. The locality supports this enterprise and is looking forward to hosting the approximately 600 visitors from various countries.

With its international body of participants and its many opportunities for cultural exchanges, the Shinson Hapkido summer camp is an incredible community-building event. People of widely diverging nationalities, ages, and performance levels join with each other to practice, learn and train together.

During these pandemic times which have sapped everyone's energy, offerings like that of Shinson Hapkido are more valuable than ever. It encourages the development and maintenance of healthy bodies and souls and nourish the growth of stable communities, the efforts to increase social equity, and the work of establishing peace and freedom. The last two years have shown especially clearly how important and yet how fragile these areas are in each individual's life. The people and organisations that remain engaged and make such activities and events possible are more important now than ever. I thank you all from the bottom of my heart for both your work and your perseverance.

To all the organisers, participants, trainers, and athletes: I wish you good luck with your preparations, success in your performances, lots of fun training together, and of course an exciting and beautiful week in Tübingen!

Dr. Daniela Harsch, deputy mayor for social, community and cultural services





A warm hello, and welcome to Hagelloch!



We are pleased to welcome you to Tübingen's scenic hill town (515 m. above sea level at our highest point). Our village is first documented in the year 1106, and we became part of Tübingen in 1972.

About 1700 of us make our homes in this village whose quality of life is second to none, given its special location embedded in woods, fields and orchards and remote from busy thoroughfares, though we are directly connected to the adjacent university town by bus lines 8 and 18, which run every 15 minutes.

Despite its transformation from a hamlet of trade workers with farming as a second occupation to a residential community with some small businesses, the character of our village has remained intact.

We have an array of community organizations that offer athletic, musical, and cultural activities. Our festivals enjoy a wide reputation and are popular with visitors and families from near and far due to their down-home charm.

We hope you are looking forward to a few fun days with us! Enjoy your stay--we are looking forward to seeing you and hope to get to know you better through the various activities we will have the opportunity to enjoy together.

Martin Lack, Governing Officer of Hagelloch





Program and schedule

Friday, 5 – 8 pm 6 pm 9 pm	July 29 Arrival Registration (Community Tent) Parents of children younger than 5 years meet at the kindergarten Blackbelts/Kyosanim meet at the Dan Tent
Saturday, 9 am 12 am 2 – 3 pm 6 pm 8 pm	July 30 Official opening ceremony of the 38 th Summer Camp The recycling representatives meet next to the waste containers Registration (Community Tent) Meeting of physicians, nurses, therapists (medical aid tent) Welcome evening, official introduction of all participants
Sunday, 2 – 3 pm 9 pm 9 pm	Juli 31 Registration (Community Tent) Meeting of the Korea travelling group 2022 Get-together in the community tent
Monday, 8 pm	August 1 Evening of music and entertainment with award ceremony in the community tent
Tuesday, 6.30 pm	August 2 International Tournament of Shinsonball (funny tournament of a ball game for the whole family, a mixture of soccer handball and volleyball, a team consisting of 3 children, 3 women, 3 men). Afterwards there will be an award ceremony with presentation of the prizes in the community tent.
Wednesday, 3 pm 8 pm	August 3 Walk into the surrounding nature International music festival in the community tent
Thursday, 7 pm	August 4 Big Shinson Hapkido performance »Between Heaven And Earth« at the sports ground in Hagelloch for the benefit of our street children project „Casa Verde“ in Arequipa, Peru, people in Ukraine and social projects of the Shinson Hapkido School Tübingen
Friday, 9 am 2 pm	August 5 The group picture is taken, afterwards last community training Official farewell of the 38 th International Shinson Hapkido Summer Camp in Tübingen including handout of the pennants and certificates and announcement of the 39 th International Shinson Hapkido Summer Camp
Saturday,	August 6 You can stay for one more day on the campground (on your own responsibility and without an official program) and use the sanitary facilities of the TSV Hagelloch 1913 e.V. until saturday 12 am.

Remark:

During the daily training hours, parents who wish to take part in the training, can bring their children (up to the age of 5) to our Kindergarten.

This schedule will be subject to alterations where necessary.



Further information

Evening of music and entertainment and international music festival:

As with previous years we would like to arrange an evening of music and entertainment and a music festival. Therefore we ask you kindly to prepare some contributions and to bring along musical instruments.

Tables and benches:

We are lending out a limited number of garden tables each with two benches included.

Mealtime offers:

On the grounds of the summer camp, there are simple basic meals in the morning, at lunchtime and in the evening. There is a breakfast buffet and a hot lunch. Please bring your own plates, a small bowl and cutlery for this! Together with the local baker we offer baked goods. Drinks are only available in bottles or in your own glasses.

First Aid equipment:

To be able to attend small injuries on the camp site, we ask the single Dojangs to bring along and deposit a small First Aid set containing dressings, ointments and bandages. Meeting of doctors and medically trained people please on Saturday 30 July at 6pm at the medical tent.

Kindergarten:

This year again during training hours children between three and five years of age will be accepted. Younger children must be accompanied by adults. Parents' meeting: Friday, July 29th at 6 pm at the kindergarten.

Waste:

To reduce the pollution of our environment as much as possible, we have developed a "waste concept" which will help us to avoid waste whenever possible or else to separate it sensibly. We ask each Dojang to appoint a recycling representative who will be instructed by us and can be helpful in case of queries. First meeting: Saturday, July 30 at 12:00 pm next to the waste containers.

Motorhomes:

Unfortunately, there are no pitches for motorhomes and caravans on the summer camp site or in the vicinity.

Neckarcamping:

www.neckarcamping.de

Guestrooms

Unfortunately we cannot arrange guestrooms to rent. Please contact the Tübingen tourist office.
Postal address: Verkehrsverein Tübingen An der Neckarbrücke 1 72072 Tübingen
Phone: +49 (0)7071 91360, e-mail: mail@tuebingen-info.de, www.tuebingen-info.de

Information about the summer camp: www.shinsonhapkido-tuebingen.de

E-Mail: sola2022@shinsonhapkido.org





Please bring along...

- Dobok and sweat suit
 - Shinson Hapkido passport
 - Tent, sleeping bag, camping mattress etc.
 - Writing utensils
- It is also the aim of Shinson Hapkido to protect our environment. Therefore please do not use disposable dishes
- Remember: Cutlery and dishes
 - Bathing equipment
 - Warm / rainproof clothing
 - Beginning with 4th Kup: Bong (stick)
 - First aid team: First aid material (voluntary)

Training groups:

- kindergarten for the 3 to 5 year olds
- children from the age of 6
- come to know (for those who have no preknowledge)
- gymnastics (Ki Doin, slow basic techniques, meditation, fun)
- group for the elderly
- beginners
- intermediates
- advanced
- blackbelts

Training hours:

- 9:30 – 10 am community training
- 10 – 11 am training in groups
- 12 am – 1 pm course for the blackbelts
- 4 – 5:30 pm training in groups
- 5:30 – 6 pm community training

Training contents:

- common meditation
- Ki Do In Bop (health gymnastics)
- breathing techniques
- Shinson Hapkido
- acupressure
- living and laughing together

Participation:

Participation in the official summercamp program is voluntary. Trainings as well as all other events are only meant to be offers, out of which you can choose whichever you want to attend.

But still we ask you to respect and to support the summercamp´s spirit and community.





Summer Camp 2022

Date: July 29 to August 5, 2022 in Tübingen

Venue: Sports field site of the TSV Hagelloch 1913 e.V.
Viehtorstr. 18, 72070 Tübingen-Hagelloch

Supported by: International Shinson Hapkido Association e.V., Darmstadt

Organized by: Shinson e.V., Tübingen

Director of Events: Sonsanim Ko Myong

Organizational management: Busonsanim Jochen Liebig,
Busabomnim Daniela Reich and Busabomnim Severin Lempp

Accommodation: Your own tents.

Unfortunately, caravan and camper pitches are NOT available.

Pets: Pets are discouraged.

Liability: Participation in the summer camp and training sessions as well as the journey to the camp and home are at your own risk!

Performance Venue: Sports field site at Hagelloch

Contact:

Shinson Hapkido School Tübingen, Jochen Liebig
Entringer Str. 24, D-72070 Tübingen
E-Mail: sola2022@shinsonhapkido.org

Who can participate:

There are no restrictions as to who may take part in the 38th International Shinson Hapkido Summer Camp. Please pass this announcement on to interested organisations, associations (of music, dancing, martial arts and etc.).

Participation fee:

120 Euro for Shinson Hapkido members from 18 years, 140 Euro for non-members.

60 Euro for Shinson Hapkido members between 6 and 17 years, severely disabled persons, trainees, students and welfare recipients, 80 Euro for non-members. Children under 6 years free.

Family discount: Adults and the first child pay the regular price, all other own children under 18 are free.

This fee includes participation in trainings, lessons, the weeks cultural program – except the performance – camp site accommodation and infrastructure, pennant and participation certificate.

Registration:

Registration is for the entire week. Those who wish to participate in select days are kindly asked to remark this on their registration. Please understand that in any case the full registration fee has to be paid.

Registration deadline is July 1, 2022





Registration

Shinson Hapkido members, please register at your local Shinson Hapkido Dojang and please pay the participation fee at the registration. (Attention: SH blackbelts and Kyosanim, please specify Dan and Ki).

Dojang responsables: please transmit your complete registration as an **excel-file** to Shinson Hapkido Schule Tübingen and transfer the participation fees to the following account:

Account holder: Max Wohland (Treasurer Shinson e.V. Tübingen)

Bank transfer text: Sommerlager 2022

Volksbank Tübingen

IBAN: DE41 6406 1854 0058 2430 03 – BIC: GENODES1STW

Relevant! Please present your transfer voucher at the registration.

Please send your registration by e-mail to:
anmeldung.sola2022@shinsonhapkido.org

Only if not possible by e-mail - send by mail to:
Ingrid Meyerhöfer, Gomaringer Str. 6, 72810 Gomaringen-Stockach

If you are interested in Shinson Hapkido but not a member of a Shinson Hapkido Dojang, please register in written form or by e-mail via the above contact details and transfer the participation fee independently.

Registration deadline: July 9, 2022

Participation fee:

120 Euro for Shinson Hapkido members from 18 years, 140 Euro for non-members.

60 Euro for Shinson Hapkido members between 6 and 17 years, severely disabled persons, trainees, students and welfare recipients, 80 Euro for non-members. Children under 6 years free.

Family discount: Adults and the first child pay the regular price, all other own children under 18 are free.

This fee includes:

participation in trainings, lessons, the weeks cultural program – except the performance – camp site accomodation and infrastructure, pennant and participation certificate.

The registration is valid for the complete week. If you can only participate for one day for an important reason, please note this in the registration. Please understand that the participation fee must still be paid in full.

Attention:A refund of the participation fee is only possible if written cancellations are received by July 15, 2022. Thank you for your understanding.

Important: Participation in the summer camp and training sessions as well as the journey to the camp and home are at your own risk. No liability for brought along objects.

For further information: www.shinsonhapkido-tuebingen.de





Page _____ Registration

Name / School: _____

Teacher: _____

Phone, Fax, E-Mail: _____

Please register all participants, persons free of charge as well and mark these persons' names with a point. Participants who are not members of a Shinson Hapkido Dojang, please specify your adress. (Please write clearly!):

Tour Buses: We come with _____ Tour buses.

Name / Address	Nationality	Age	Kup/Dan	Signature
1				
2				
3				
4				
5				
6				



Name / Address	Nationality	Age	Kup/Dan	Signature
7				
8				
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10				
11				
12				
13				
14				
15				



Directions to the summer camp 2022

Site of the TSV Hagelloch 1913 e.V., Viehtorstr. 18, 72070 Tübingen-Hagelloch

Arrival by car:

From the north: on the A8 from Karlsruhe to Stuttgart or on the A81 from Heilbronn to Stuttgart; then take the A81 (direction Singen), exit Herrenberg (AS 28) => Tübingen; after town sign Tübingen first opportunity turn left, direction Tübingen-Hagelloch; stay on Hagellocher Weg => Hagenloher Str., follow the signs from the entrance of the village.

From the south: on the A81 from Singen to Stuttgart, exit Herrenberg (AS 28) => Tübingen; after town sign Tübingen first opportunity turn left, direction Tübingen-Hagelloch; stay on Hagellocher Weg => Hagenloher Str., follow the signs from the entrance of the village.

By Train:

Central station Stuttgart => Central station Tübingen, directly in front bus terminal: Platform F, bus line 8 (direction Hagelloch) until stop Rathaus Hagelloch.

By plane:

Airport Stuttgart => with bus or train to station Tübingen; in Tübingen by bus to Hagelloch (see train).

